RIHAM ISAAC WORKSHOPS PACK

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CREATIVE TRAINER & MULTIDISCIPLINARY ARTIST

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Hello!



MY STORY

I am a Multi Disciplinary artist and a creative trainer. I explore new mediums of performance and multidisciplinary arts. Part of my practice is developing different trainings and workshops using multidisciplinary forms; working with material, installation, sounds, videos, scripts and situations.

I have a range of workshops & trainings. I also design & collaborate with institutions to come up with the best program that fits their approach. I will be glad if you reach out to collaborate in that context.

Education

FULL CV

MA Performance Making Goldsmiths - University of London | 2013

Biography

A performance artist and theatre maker who brings together a range of practices; acting, singing, dancing, video and explores new mediums of live performance and multidisciplinary arts. Riham also have a strong record of leading theatre training programs and community projects with different organizations. Recent project was with A.M. Qattan Foundation; a cultural, arts and social engagement project in Tulkarem. Riham also developed recently more specialized workshops eg. British council "Performance and Public Spaces" and "Performance and Multidisciplinary approaches" with BIAF Festival and many others.



Workshops & Trainings

My aim is always to give participants creative freedom and empower them to express their ideas and narrating them by providing them with creative tools across a wide array of multi-disciplinary approaches.



General Drama Trainings

For Different Groups (Youth, Education, Universities)

No Artistic Background Needed.



DRAMA & THEATRE TRAININGS

A Cohesive Program to increase participants' awareness of Drama Tools: Body expressions, emotional expressions, the imagination & the craft of telling a story. The outcome can vary from a small play to a full one.

Age Group: Kids 8-11, Youth 12-17, Students 18+ Duration: 10-16 sessions (depending on the outcome)



LEADERSHIP FOR YOUTH سأكون فعالاً في بلدتي

A Special Training to encourage youth to be socially active & take leadership role within their community. To search about stories & issues that concerns them using multiple theatre & drama tools and translate them into artistic interventions.

Age Group: Youth 12-17, Students 18+ Duration: 8-10 sessions (Can be designed longer/shorter)



What is Drama in Education and how to use Drama in schools & in our educational system. A Special Drama Training for practitioners and teachers who would like to experience and gain more tools of Drama.

Age Group: 18+ Duration: 6-8 sessions (Can be designed longer/shorter)



General Creative Trainings

For Staff & Different Groups

No Artistic Background Needed.



TEAM BUILDING & GROUP DYNAMICS

An Enjoyable Training where the team indulge in a creative environment that stimulates the mind and the body. Drama/Art games for team dynamics/ communication, trust, problem solving and decision making.

Age Group: 18+ Duration: 1-3 days



STRESS RELEASE THROUGH DRAMA & ARTS

A Special Workshop for groups and individuals where there's a chance to express themselves in a safe environment by using Drama & different Art Forms. To dive inside themselves & their personality traits and engage with others.

Age Group: 18+ Duration: 1-3 days

CREATIVE THINKING: DISCOVER YOUR CREATIVITY

We tend to think of creativity as something that is difficult to have and making art is only for some people. Through the workshop we will pay attention to these creative impulses and raise our curiosity toward them.

Age Group: 18+ Duration: 1-3 days



Specialized Trainings & Workshops

For Performers & Artists



PERFORMANCE & PUBLIC SPACES

A Rich & Open Laboratory about Performance in Public Spaces from new perspectives & non-traditional way. To explore how spaces can create dialogues while being part of a larger discussion that's happening in the space and its context.

Age Group: 18+ Duration: 6-8 sessions (Can be designed longer/shorter)



PLAYFULLNES & THE MOVING BODY

A Dynamic Workshop introducing the body as the medium through which the creative flow transpires into the world. Using contemporary forms of the moving body such as Laban techniques, Pina Bausch, Butoh, tasks & actions...etc

Age Group: 18+ Duration: 5 sessions (Can be designed longer/shorter)



PERFOMANCE & MULTIDISCIPLINARY APPROACHES

A Special Training for young artist who want to learn creative strategies to generate new material, learn about multi-disciplinary performances and experiment with their own mediums to create a solo or a collaborative performance.

Age Group: 18+ Duration: 4 sessions (Can be designed longer/shorter)

Specialized Trainings & Workshops

For Performers & Artists



LOVE & RELATIONSHIPS: THINKING DIFFERENTLY

A One Day Workshop that is open to anyone questioning society's expectations of our love lives and the fixed ways of thinking about gender roles, culture and love. A chance to explore what love means to you using different creative tools such as body, text, music, video and objects.

Age Group: 16+ Duration : 3 hours



أشخاص عبر الزمن THROUGH ARCHIVES

A Specialized Performance Workshop about Archive and stories behind it. This workshop encourages participants to dig into archives and and re-tell them in a new artistic ways by using performance art as a primary tool to interact with it.

Age Group: 18+ Duration: 4-6 sessions (Can be designed longer/shorter)

Community & Cultural Projects

Tailor Made Trainings - Workshops



HOME & IDENTITY

A Creative Workshop exploring the theme of Home & Identity. Encouraging participants to share experiences from their personal cultural heritage, sharing materials and items they bring from home & expressing what home means to them through different activities.

Age Group: Youth 12-17, 18+ Duration: 4-6 sessions (Can be designed longer/shorter)



TAILOR MADE WORKSHOPS

Workshops or Trainings that can be specifically designed for organizations, schools, or groups according to their needs or themes they want to work with. Incorporating Riham's creative practice that spans theatre, movement, video, creative writings and installation.

Age group: any age group (Women, Youth, teams, schools) Duration: Designed specially to meet the needs.



Methods & Inspirations

Creative Freedom & Safe Environment that empowers participants to express their ideas and narrating them by providing them with creative tools across a wide array of multi-disciplinary approaches. An Interdisciplinary approach to learning; using the arts as a pathway to explore non-art topics such as leadership, team building, change, and innovation. A Shared Art Experience that enhances and enriches self knowledge. Art takes people out of the realm of analytical thinking and into the realm of silence, playfulness, observations and heightened awareness.

In my own work with organizations, I've noticed this shift in participants which creates a platform for deep conversation, from which emerges trust, caring, collaborations & projects.

Arts take us on adventures in creative expression that help us explore safely unknown territory, overcome fear, and take risks.



Participants Testimonials

"Participants have been given the space and time to explore themselves (their minds) through playful and spontaneous activities. Simple activities were used to express one's feelings, ideas, emotions, at the period in time deploying different mechanisms, mediums, body gestures, and space." Natalie Najjar - Artist

"I enjoyed the workshop so much, Riham was an excellent facilitator, she really made me feel at ease and helped me get to know my colleagues in a way I wouldn't have otherwise." Fabia Minchilli - TdH

The workshop was better than I expected & well organized. The sequence of activities was excellent, and the duration of the activities was excellent. I already took a workshop on Stress release through drama but didn't feel such benefits. Wafa Albalboul -YWCA



Thank You!



Performance & Public Spaces Workshop

I'm so excited to continue working with you, please reach out to learn more.



Sample Videos of My Work:

<u>Bedna Makan Video</u>: A Cultural Community Project with A.M. Qattan Foundation (2min) <u>Close Up on Riham</u>: A Feature on Caravan Program - Ro2ya TV (4 min) <u>Palestine a Story:</u> A Drama & Theatre training with Albireh Cultural Center (5 min)

For Further information don't hesitate to contact me on my number or via my email.



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